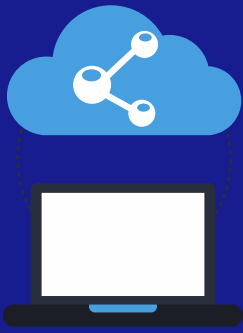


How to Setup a Virtual Coaching Session

HERE ARE 5 EASY STEPS TO SETUP A ZOOM COACHING SESSION

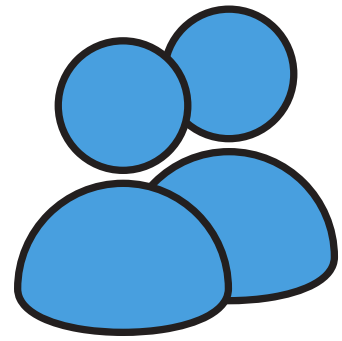


1.) CREATE A FREE ZOOM ACCOUNT

Go to www.zoom.us to create a new account. For calls with 2 people you can have unlimited time for free. Groups of 3 or more will need a paid account to meet over 45 minutes.

2.) CREATE THE ZOOM MEETING

Create a new meeting in zoom on the date/time of your coaching session. Add options like video, recording, etc.

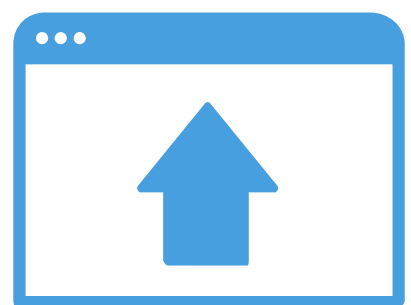


3.) CREATE A CALENDAR INVITE

Create and send your client a calendar invite on the date/time of your coaching session.

4.) UPLOAD ZOOM INFO TO CALENDAR INVITE

Copy the zoom invitation information and paste into the body of the calendar invite.



5.) VIRTUALLY CONNECT WITH YOUR CLIENT

Click the zoom link in the calendar invite to connect virtually with your client. Turn on video to create a deeper more meaningful connection.



HEAL
THE DIVIDE



Learning
-IN-**Action**